



EVROPSKÁ UNIE
Evropské strukturální a investiční fondy
Operační program Výzkum, vývoj a vzdělávání



CENTRE FOR INFORMATION,
COUNSELLING
AND SOCIAL SERVICES
Charles University

Personal Development and Self-Discovery Group for Charles University Students

We offer an opportunity
for both Czech and international students
to participate in an open group that will meet
once a week during the spring and fall semester.

We will aim to create an open-minded, supportive and caring
environment that will help us to better develop our potential
and aid the process of self-discovery.

The agenda for each group session will be set by the group members. We might focus on areas such as
our relationships with others and ourselves, goals and motivation, developing plans for our future lives,
troubles with adapting to new situations and many other areas of interest.

The group will meet once a week on Fridays from 11 AM to 12:30 PM during the fall and spring semester
at the counseling office at Zvoníčkova 5, Prague 6, Hvězda dormitory, block 3. To become a member of the group,
each participant needs to be interviewed by the group facilitator, who will evaluate students' motivation and suitability
for the project. We aim to have between 10 and 12 participants.

For more information, please contact us at: counsel@ruk.cuni.cz

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<https://sites.google.com/site/ipscuk>
<https://www.ipsc.cuni.cz/>

Projekt:

Zvýšení kvality vzdělávání na UK a jeho relevance pro potřeby trhu práce

Registrační číslo projektu:

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