

# 1 Sandstone landforms shaped by negative feedback between stress and erosion

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10

11 [First paragraph \(199 words\)](#)

12 Weathering and erosion of sandstone produces spectacular enigmatic<sup>1,2</sup> landforms such as

13 arches, alcoves, pedestal rocks and pillars. Despite of multiple diverse ideas about their

14 origin, no experiments produced realistic landforms<sup>1,2</sup>. The effect of gravity loading stress has

15 been overlooked<sup>3</sup> or assumed to increase the landform's weathering rate<sup>4,5</sup>. Here we show by

16 physical and numerical modelling, and field observations of locked sands and sandstones that

17 an increase in stress within the landform reduces weathering and erosion. Material with

18 insufficient loading is rapidly removed by weathering process and the remaining load bearing

19 landform structure is protected by the fabric interlocking mechanism. As the landform

20 evolves the increased stress inhibits erosion from raindrop impact, flowing water and slaking,

21 and retards surface retreat caused by salt and frost weathering. Planar discontinuities in

22 sandstone and negative feedback between stress and weathering/erosion processes are

23 sufficient conditions to create landforms. We interpreted this by a novel mechanical model

24 and verified in laboratory where we created arches, alcoves, pedestal rocks and pillars using

25 landform material and mimicking natural processes. We supported the proposed negative

26 feedback mechanism by a numerical model of stress pattern in landforms. Our findings show

27 that this mechanism coordinates weathering/erosion while carving sandstone landforms.

29 Factors considered in the origin of sandstone landforms include quartz dissolution<sup>1</sup>, salt and  
30 frost weathering<sup>6</sup>, sapping<sup>7</sup>, thermal expansion<sup>8</sup>, biogenic activity<sup>9</sup>, incipient fractures<sup>10</sup>,  
31 exfoliation<sup>1</sup>, case hardening<sup>11</sup>, moisture flux<sup>12</sup> and diffusion<sup>13</sup>. Prior experimental  
32 investigations have focused on salt and frost weathering<sup>14,15,16</sup>. Planimetric curvature of  
33 sandstone amphitheatres have been explained by the interlocking of joined blocks<sup>1,17</sup>, and the  
34 evolution of arches and bridges have been explained by fracture propagation<sup>1,18,19</sup>. The  
35 destructive effect of stress generated by overburden loading has been considered in the  
36 evolution of towers and cliffs<sup>5</sup>. Several groups have shown that small forms may be linked  
37 morphologically to stress<sup>13,20</sup>, but these authors did not explain the mechanisms involved.  
38 Their work did not describe what stabilizes the upper surface of arches and other similar  
39 landforms so they can remain freestanding in an otherwise denudated surface (Fig. 1a).

40

41 Granular sediment may behave as a strong, rock-like material due to the following  
42 mechanisms which stabilise sediment fabric<sup>21</sup>: 1) Capillary cohesion from interfacial-tension  
43 caused by partial water saturation<sup>22</sup>; 2) Electrochemical cohesion by van der Waals forces  
44 acting between clays particles<sup>21</sup>; 3) Cementation cohesion from grain-to-grain cementation  
45 and; 4) Fabric interlocking of subangular grains<sup>21,23</sup>. Fabric interlocking is caused by  
46 preferential dissolution of stressed material at grain contacts and its re-precipitation in voids,  
47 causing increase of the grain contact area and decrease of sediment porosity. Capillary  
48 cohesion is lost and electrochemical cohesion in clay bridges is reduced when a sandstone  
49 becomes fully saturated<sup>24,25</sup>. When sandstone's surface weathers, the cementation cohesion  
50 degrades, leaving fabric interlocking as a primary factor inhibiting surface disintegration.  
51 Here we report: 1) The first laboratory experiments that show a general mechanical behaviour  
52 of fabric interlocked material exposed to specific weathering/erosion processes under various  
53 stress levels (irrespective of the shape of the landform); 2) Interpretation of the results by a

54 novel material model; 3) Previously unreported effects of salt and frost weathering of  
55 cemented sandstones under controlled stress and; 4) The first physical and numerical  
56 modelling of selected small-scale landforms with specific boundary conditions. The origin of  
57 sandstone arches (bridges), alcoves (rock shelters and overhangs), pedestal rocks (mushroom  
58 shaped pillars) and cavity/pillars are of special interest in this paper.

59

60 Oven dried cubes of sandstone from Strelec Quarry (SLS, Methods) are stable in the absence  
61 of an external load due to electrochemical cohesion in clay bridges (Supplementary Figure 7),  
62 however the same SLS cubes quickly disintegrate when immersed in water. We attribute this  
63 disintegration to the decrease of the electrochemical cohesion accompanied by surface  
64 slaking. This occurs as entrapped air in the pore space is compressed by surface tension forces  
65 due to entering water, which exerts sufficient pressure on pore sides to compromise the  
66 stability of the material fabric (see Supplementary Information). However, when a cube of  
67 SLS is subjected to sufficient vertical stress and immersed in water, the disintegration of the  
68 vertical sides proceeds until a stable shape evolves (Fig. 2a). Initially the vertical stress in the  
69 landform is relatively small due to the large area distribution of the vertical load. The “hour  
70 glass” shape thinning of the original cube reduces the cross-sectional area of the forming  
71 structure (Fig. 2a), thus increasing the stress. When the stress reaches a critical value (critical  
72 stress) it triggers the stabilization of the locked fabric which defines the final shape which is  
73 resistant to further erosion. The nature of the fabric-locking due to the stress field is illustrated  
74 in the following experiment. We loaded SLS cubes with an initial vertical force of 10 N and  
75 immersed the loaded cubes in water to obtain the initial stabilization form. Subsequently, we  
76 decreased the applied force in steps and measured the area  $S_{sat}$  after each stabilization event  
77 (step) with respect to the calculated critical stress (Fig 2b). Critical stress remained relatively  
78 constant (0.5-2.6 kPa) until the  $S_{sat}$  decreased below 20% of its original size ( $<0.002 \text{ m}^2$ ).

79 The critical stress then increased rapidly (up to 8 kPa, Fig. 2b) and the surface of elliptical  
80 pillars progressively altered into rib texture and lines that paralleled the principal stress  
81 directions (Fig. 2a). Similar features can be observed on surfaces of natural landforms  
82 (Supplementary Fig. 8).

83

84 In the second experimental set we measured saturated tensile strength on 50 cubes of SLS  
85 (Fig. 2c). Cubes of ten cm in size were uniaxially loaded (Methods). The mean tensile  
86 strength of unconfined water saturated SLS cubes under reduced atmospheric pressure of 2  
87 kPa was measured less than 0.5 kPa (Fig. 2c). When the cubes were axially loaded (uniaxial  
88 load 250-1500 kPa; Fig. 2c) the measured mean saturated tensile strength was 4 kPa. In  
89 addition to the above experiments, we studied the global strength of the fabric locked material  
90 in uniaxial compression and axisymmetric compression with constant radial stress. Although  
91 the unconfined specimens easily disintegrated into individual grains, the loaded material  
92 showed considerable uniaxial strength (3 MPa) and a high angle of internal friction ( $72^\circ$ )  
93 (Supplementary Information). High strength in locked sands have also been observed  
94 previously by different authors<sup>26,27,28</sup>.

95

96 We propose the following continuum mechanical interpretation of the behavior of locked  
97 sands. Brittle material failure can be described by the standard failure envelope of plasticity  
98 theory (Fig. 3). It is characterized by a high friction angle of  $72^\circ$  and non-negligible tensile  
99 strength of 1 to 10 kPa. However, for low stress levels we discovered a conceptually new  
100 behaviour. In this case the material does not fail in a brittle and highly dilatant manner, as  
101 typical for sheared fabric-locked materials, but instead the fabric degrades completely and the  
102 material disintegrates into individual grains. To describe this observation, we propose a stress  
103 region denoted as “*locus of fabric instability*” (Fig. 3). The fabric disintegrates once the

104 complete Mohr circle falls within this locus. A tensile strength of  $\leq 0.5$  kPa, measured on  
105 saturated SLS without load, represents the lower stress boundary of the locus of fabric  
106 instability. The critical stress, where disintegration of the uniaxially loaded sample stops  
107 (approximately 1-8 kPa), represents the upper stress boundary. While the global strength  
108 envelope follows from the conventional plasticity theory, the locus of fabric instability or its  
109 equivalent has not yet been described. Unlike the global envelope, the locus of fabric  
110 instability is not a pure material property, but it reflects the actual disintegration process (an  
111 increase of disintegration process energy increases the size of the locus of fabric instability).  
112 The concept of locus of fabric instability explains in a rational manner negative feedback  
113 between stress and erosion.

114

115 We also investigated different erosion processes. To investigate the effect of surface slaking,  
116 we repeated prior disintegration tests on unconfined samples inside a desiccator under  
117 reduced air pressure (2 kPa). The samples preserved their shape under reduced pressure and  
118 stayed stable. However, the same samples spontaneously disintegrated when dried and  
119 immersed again in atmospheric pressure. This observation indicates that surface slaking is the  
120 leading disintegration process in our experiments. To further investigate the erosion processes  
121 we exposed SLS cubes to simulated rain and flowing water (Methods). Unconfined cubes  
122 completely eroded away by simulated rain within 5-7 minutes with one exception  
123 (Supplementary Table 8), whereas uniaxially loaded cubes attained a stable geometry and  
124 erosion ceased after ~60 minutes leaving ~70% of the cube volume intact. Similarly, none of  
125 the uniaxially loaded SLS cubes were eroded by fast flowing water (~10 cm /s), whereas  
126 unconfined cubes were eroded in few tens of seconds. Another possible source of weathering  
127 is due to salt and frost. We used several cemented sandstones from the Czech Rep. and USA  
128 to evaluate how this disintegration responds to the level of uniaxial load (Methods).

129 Unconfined cubes of cemented sandstones, subjected to salt and frost weathering,  
130 disintegrated up to 4 times faster than the uniaxially loaded cubes. Such uniaxially loaded  
131 cubes weathered to thin “hour glass” columns, resembling landforms found in nature (Fig. 2d;  
132 Supplementary Figs. 10, 11; Supplementary Table 9).

133

134 In the principal part of our study, we investigated development of sandstone landforms by  
135 means of physical modelling. We vertically loaded SLS blocks and partially immersed them  
136 in water. The portion of the block above the water level remained stable due to additional  
137 cohesion sources (such as capillary cohesion). The portion below the water level disintegrated  
138 into individual grains. This disintegration progressed until a stable landform evolved. An  
139 implication of the negative feedback between stress and erosion is that material that is not part  
140 of the load bearing structure, specifically the volumes where the stress does not exceed critical  
141 value, is rapidly removed by erosion while the load-bearing portion is protected during each  
142 period of landform evolution. This mechanism explains why the surfaces of natural arches,  
143 alcoves, pedestal rocks and pillars are relatively smooth, without significant protrusions.  
144 Stress in small protrusions is sub-critical, making protrusion prone to erosion. In our physical  
145 models, we were able to reproduce natural shapes such as arches, alcoves, pedestal rocks, and  
146 multiple pillars (Fig. 1). A subhorizontal discontinuity in the middle of a SLS block was the  
147 only necessary condition for arch formation. Alcoves were created when subhorizontal  
148 discontinuities partly undercut the SLS block. Undisturbed SLS blocks were transformed by  
149 surface disintegration into pedestal rocks or single pillars. Multiple discontinuities in SLS  
150 blocks led to the development of multiple pillars (Fig. 1, Supplementary Figs. 12- 17).

151

152 To visualise the stress field within the landforms we performed numerical modelling (finite  
153 element method). We modelled planar discontinuities, which led to development of arches

154 and cave pillars in physical models. The principal stresses aligned around the discontinuity  
155 and formed the zone of low stress susceptible to erosion (Fig. 4). Importantly, modelling  
156 shows that the stress is higher at the upper parts of blocks directly above the discontinuities  
157 (Supplementary Fig. 18) and the modelling thus suggests that in this area stress protects most  
158 efficiently the surface of the developing arch from erosion. This provides an explanation why  
159 arches are often free standing. Furthermore, the models suggest that stress in protrusions  
160 sticking out from sandstone landforms is much lower than stress within the load-bearing  
161 structure. The stress in protrusions may fall within the locus of fabric instability, which leaves  
162 such shapes unprotected from weathering/erosion processes.

163

164 In this paper we have shown by experimental evidence using natural materials that retreat of  
165 some landforms due to erosion is stress field regulated. Low stress allows the disintegration of  
166 the material into individual grains, whereas high stress activates fabric interlocking and the  
167 material resists erosion. The global failure envelope and the locus of fabric instability allow a  
168 straightforward explanation of this erosion resistance. By means of unique physical  
169 modelling, we have developed analogues of natural sandstone arches, alcoves, pedestal rocks  
170 and pillars. We thus demonstrate that the stress field is the primary cause of the shape  
171 evolution of these landforms. In addition to the dominant role in origin of the above listed  
172 landforms, stress fields likely affect the weathering of many sandstone exposures including  
173 cultural heritage sites.

174

175 [Methods \(763 words\)](#)

176 **Materials**

177 Two types of sediments were used in the study: i) Locked sand from Strelec Quarry (Czech  
178 Republic) with no cementation cohesion and dominated by fabric interlocking (referred to as  
179 SLS) and ii) Sandstone and other sediments with dominant cementation cohesion (i.e

180 cemented sandstones). The SLS from the quarry is so weak that it can be eroded by running  
181 water and rain and was mined for decades by spraying a jet of pressurized water<sup>29</sup>. The same  
182 material is mined by explosives when dry and prior to recent safety regulations SLS provided  
183 stable (up to 40 m high) vertical mining faces. Samples of SLS were cut from the many  
184 sandstone blocks by hand saw. For more information on sample selection and additional  
185 characterization of the SLS material, see Supplementary Information 2. For material  
186 behaviour measurements we used SLS material that was cut by hand saw into specimens of  
187 various sizes (see below). For physical modelling, rectangular blocks with sides up to 300 mm  
188 long and cylinders 100-150 mm in diameter were used. Samples of cemented sandstone  
189 represent different lithological and tectonic settings. They were collected from the Colorado  
190 Plateau (USA), and the Bohemian Cretaceous Basin (Czech Rep.), (Supplementary Table 3).  
191 Samples of cemented sandstones were cut by diamond saw cooled by water onto the cubes  
192 with edge lengths of  $40\pm 1$  mm.

193

#### 194 Measurement of sandstone mechanical behaviour

195 In the first set of experiments we studied conventional mechanical behaviour at high stress  
196 levels. Compression tests at constant radial stresses were performed in the VJT TriScan100  
197 triaxial apparatus using 74 mm (length) by 38 mm (diameter) cylinders. The uniaxial  
198 compression tests were performed on 50 mm sandstone cubes in a load frame. The tensile  
199 strength of sandstone was measured on uniaxially loaded 100 mm sized cube specimens under  
200 controlled vertical load using a pull-of force by a tensiometer<sup>29</sup>. The vertical stress was  
201 imposed by placing the specimens into a steel frame and tightened by screws using torque  
202 screwdriver. Vertical load was calibrated by a tensiometer placed in the steel frame.

203



204 The second set of experiments studied fabric disintegration at low stress levels. The SLS  
205 specimens, stabilised by the natural state of partial saturation and by clay bridges between the  
206 particles, were cut into 100 mm sized cubes by gently hand sawing. When SLS cubes are  
207 completely immersed in water without axial load they quickly disintegrate. To measure the  
208 stress limit of fabric disintegration, the cubes were uniaxially loaded with an initial vertical  
209 force of 10 N applied by a lead weight. Initial form stabilization was achieved after  
210 immersion. The applied force was then decreased in steps and vertical stress within the  
211 sample was evaluated after form stabilization was achieved in each step. Tensile strength of  
212 unconfined specimens was measured using the same procedure as at uniaxially loaded  
213 specimens.

214

215 Erosion experiments on non-cemented and cemented sandstones

216 The disintegration mechanism due to surface slaking was investigated by reproducing the  
217 disintegration tests on unconfined samples in a desiccator at a reduced air pressure (2 kPa). To  
218 investigate the disintegration due to raindrop impact and flowing water, unconfined and  
219 confined SLS cubes were exposed to continuous artificial raindrop impact produced by a rain  
220 simulator. For this experiment we used the rainfall simulator Eijkelkamp version 09.06.  
221 Modelled rainfall had the following characteristics: Rain intensity = 6 mm/min, diameter of  
222 water droplets = 6 mm and rainfall's kinetic energy = 4 J/m<sup>2</sup>/mm. Modelled rainfall was  
223 applied to pairs of SLS cubes. In each pair one cube was unconfined and the other was  
224 uniaxially compressed. To investigate the effect of salt and frost weathering, experiments for  
225 both unconfined and uniaxially loaded conditions were performed on three pairs of cubes  
226 from each sandstone type (Supplementary Fig. 5). Each cube was subjected to either salt or  
227 freezing weathering, in one day cycles, until complete disintegration occurred. Prior to each

228 cycle, the cubes for the salt experiments were soaked in brine (Na<sub>2</sub>SO<sub>4</sub>) and the cubes for  
229 frost weathering were immersed in distilled water for eight hours prior to freezing.

230

231 Numerical modelling

232 Stress fields in sandstone landforms was visualised by finite element method using the  
233 software PLAXIS<sup>30</sup>, version 2010. Sandstone was characterised using Mohr-Coulomb  
234 constitutive model with friction angle of 72°. Specimens were modelled at a laboratory scale.  
235 The stress field was imposed by gravity loading. The material model in the simulations did  
236 not include the locus of fabric instability. Instead, principal stresses were evaluated on  
237 simulation results and areas prone to fabric disintegration were identified based on the stress  
238 state.

239 For additional descriptions of the methods see Supplementary Information. Datasets from the  
240 article are available at <http://dx.doi.org/10.6084/m9.figshare.1056303>.

241

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307

308 Correspondence and requests for materials should be addressed to J.B.

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319

320 Author Contributions: J.B. proposed negative feedback mechanism idea, managed all  
321 activities and wrote most of the manuscript. J.S. and J.V. did most of the field and laboratory  
322 effort. M.F. did part of the physical modelling and contributed to the preparation and writing  
323 of the manuscript. J.Sch. did the frost weathering experiments, studied microstructure and  
324 contributed to manuscript preparation. D.M. introduced the soil mechanics perspective,  
325 developed the material model and contributed to manuscript writing. A.L.M. and G.K.

326 contributed to manuscript preparation and writing. J.R. did the triaxial tests and numerical  
327 modelling.

328

329 *Figure captions (not longer than 100 words)*

330 Figure 1. Examples of the selected common sandstone landforms (first column) and their  
331 artificial equivalents resulting from partial immersion of Strelec locked sand (SLS)  
332 rectangular blocks (second column). The third column presents numerical models showing  
333 distribution of the stress indicating the stability of these landforms. Location of the natural  
334 landforms is: a, Delicate Arch, Arches National Park, USA; b, Alcove, Navajo Bluff area,  
335 USA (photo by V. Cilek); c, Pedestal rock, Angel Arch area, Canyonlands National Park,  
336 Utah, USA (photo by V. Cilek); d, Cave pillars, Eladio Cave, Churi Tepui, Venezuela (photo  
337 by M. Audy).

338

339 Figure 2. Physical modelling with the Strelec locked sand (a-c) and cemented sandstones (d).  
340 a, Stable pillar developed from the initial cube sample by decreasing vertical load in steps. b,  
341 Relationship between  $S_{sat}$  (horizontal cross-section area of column) and critical vertical  
342 stress. c, Relationship between vertical load and tensile strength. d, Comparison of salt  
343 weathering rates of unconfined and uniaxially loaded cubes of cemented sandstone. Sample  
344 labels are listed in Supplementary Table 3. Photo shows uniaxially loaded sandstone cube  
345 converted to a thin pillar by salt weathering.

346

347 Figure 3. Continuum mechanics interpretation of the locked sand mechanical behaviour. To  
348 describe disintegration of fabric-locked material, we propose so-called “locus of fabric  
349 instability”. Locked sand can disintegrate into individual grains by erosion only when the  
350 complete stress Mohr circle falls within this locus.  $\sigma'_n$  represents effective normal stress (that

351 is, total normal stress  $\sigma_n$  minus pore water pressure),  $\tau$  represents shear stress,  $\phi_p$  is peak  
352 friction angle.

353

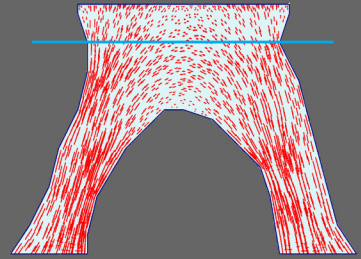
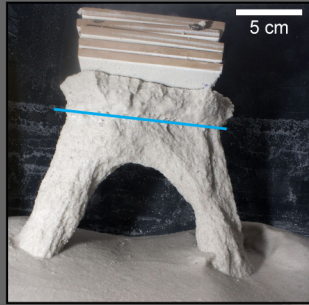
354 Figure 4. Simplified models of evolution of some basic landforms. Upper row: Cartoon shows  
355 onset conditions for four basic types of landform evolution. Bottom row: Cartoon of stabilized  
356 landforms: a, Freestanding arch; b, Alcove (lateral cut); c, Pedestal rock; d, Cave pillars (b, c,  
357 d - anterior cuts). See Supplementary Figs. 12-17 for more details.

Example from nature

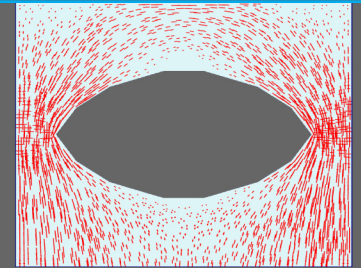
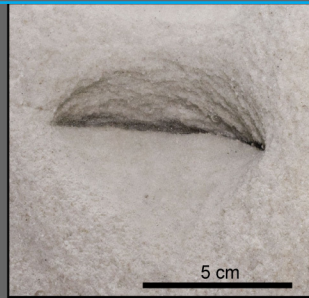
Laboratory experiments

Stress numerical modelling

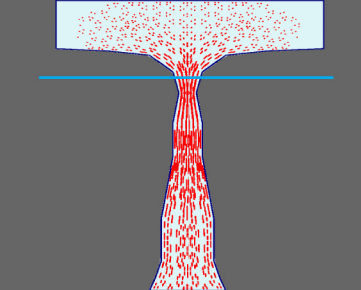
a Freestanding arch



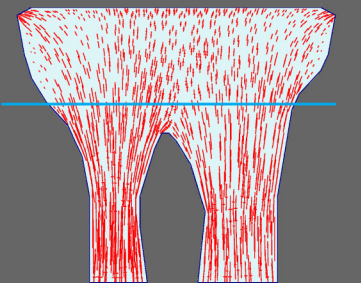
b Alcove



c Pedestal rock



d Cave pillars



Explanation for numerical modelling:



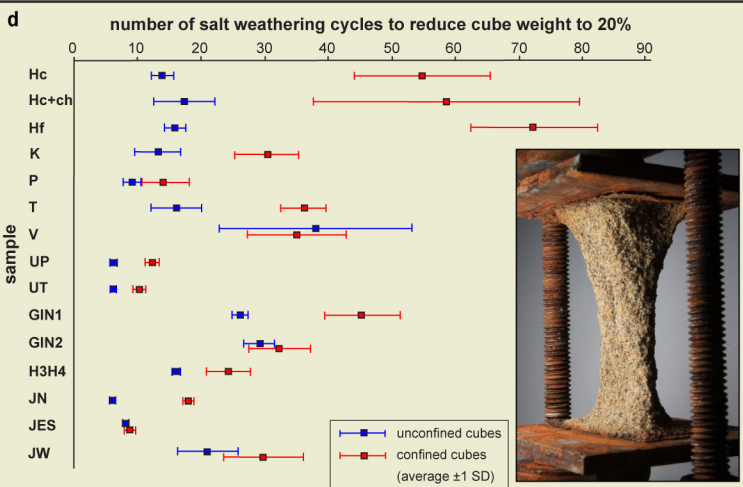
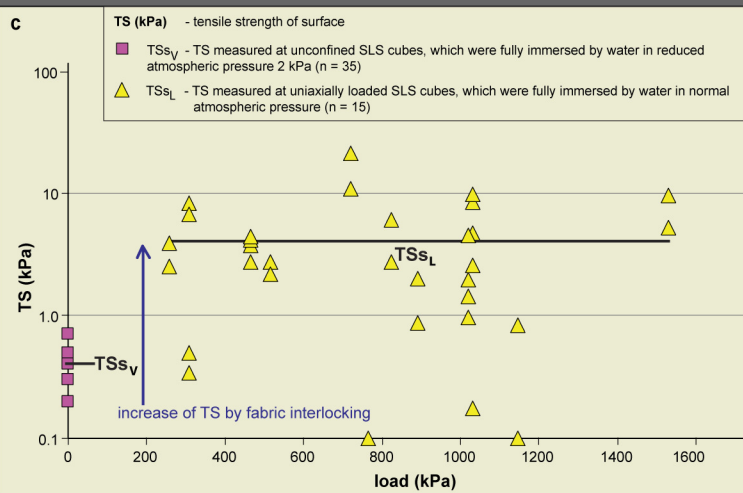
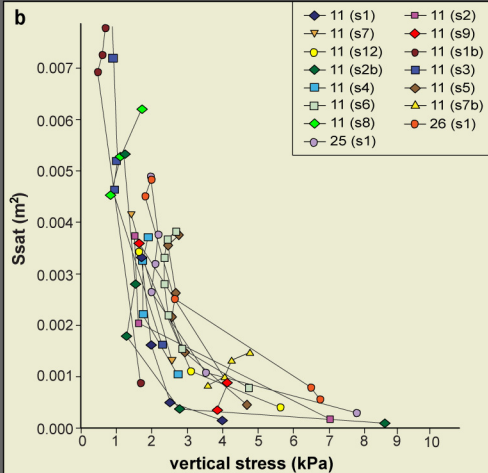
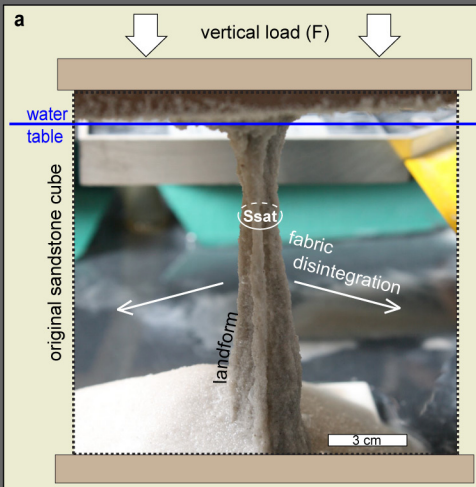
fabric interlocked material

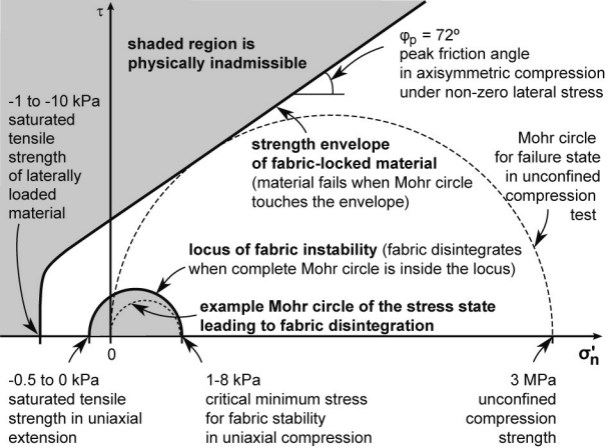


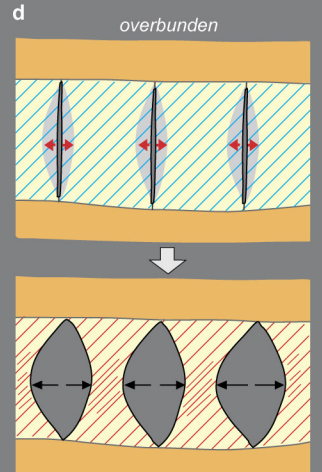
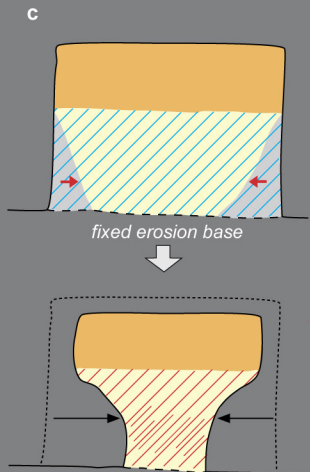
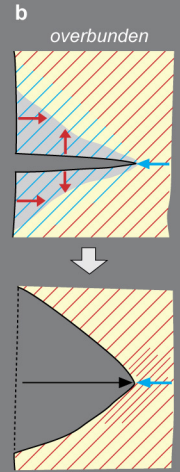
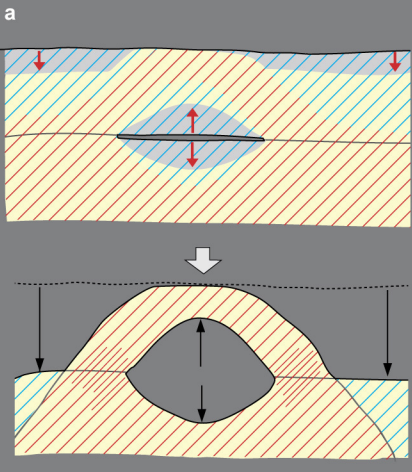
principal stress direction and magnitude





the maximum level of immersion

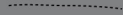











-  resistant material
-  fabric interlocked material
-  area of low stress (schematically)
-  area of high/very high stress (schematically)

-  discontinuity: bedding plane, fracture, clay horizon (schematically)
-  present surface
-  original surface

- discontinuity: bedding plane, fracture, clay horizon (schematically)
- present surface
- original surface

-  direction and magnitude of instant retreat rate
-  accumulated retreat over whole lifetime of landform
-  seeping groundwater eroding thin layer of material